**Healing**

One day, you'll wake up and your mornings won't feel as heavy.

You'll get up and you'll pick out an outfit.

You'll let the sunshine tickle your figure and warm your thoughts to it.

You'll listen to the birds singing, except for once you'll feel like they're singing for you.

This is the day you'll realize today is a little easier than yesterday.

Time will pass faster, you'll smile more.

You'll look outside and feel a fragment of connection to the world you live in.

You'll turn on music and dance your heart out to it.

Because eventually

The healing will find you.

Ciara Cooney