## You and me

Connection is a thread that weaves

Tight around our hearts, yet still granting reprieve

Through every trial, and tribulation, we stand together

Our love and support, an unending tether

It guides us through even our darkest day

And brightens our path and lights our way

With every laugh and every tear

Our relationship grows stronger, year after year

Our bond unbreakable, shining so bright

Illuminating even the mind's darkest sight

We share a bond that's so hard to break

But with so much reliance, oh there's so much at stake

Because sometimes even the strongest threads can fray

Leading you far away from me and astray

In a world that's so vast and wide.

When you feel so hopeless, and lost, and alone inside

Yearning for someone to lean on, and confide

When all that pain and sorrow breaks through the surface

And you feel like you offer nothing, living with no purpose

When they ask you how you're doing, you know what to say

With a laugh, "I'm fine" and carry on with your day

Come hail, snow, wind and rain, when the sky is so bleak and stark,

It never bothers you, inside your mind it's always dark

Why bother going out and socialising with 'friends'

When you can wallow in misery and lament to no ends

Asking yourself the question, "Why am I like this?"

Till it pushes you further into the depths of the abyss

They say that there's a light at the end of the tunnel

But does anyone want you, are you worth the trouble?

When you're standing on top of the bridge, looking at the sunset

Will tomorrow be the dawn of a new day, or one of agonizing regret

Will you miss me? Don't be upset, there's no need to fret

Because at the end of the day, I'm so easy to forget

## But

You must hold on, you must believe
I'll be by your side, do you trust me?
Afterall, absence makes the heart grow fonder
I'll hold onto you tight, hopefully in your mind, I'll never wander
There's no need to turn your back, there's no need to hide
Our friendship is a bond that can't be denied
And that's the power of our connection
A bond so strong it needs no mention

I'm not sure, but I think there's a lesson here somewhere
Learn to stand on your own two feet and live to dare
Nothing is ever constant, don't take life as a given
So learn to laugh and love, be bold, be brave and driven
Only once you can live for yourself, can you live for me
That is the only thing in life I can guarantee
Depending and relying on one person will get you nowhere
Don't let another bear your burden, it's just not fair
No matter how much we disillusion ourselves, and beg, and pray
Nothing lasts forever, I'm sorry, there's just no way
So cherish the connections you have in your life
They bring you joy, they help you thrive
But only by yourself can you really see the change
Don't worry, at first it will be a little bit strange
So take my hand, and let's go on an adventure

Of self-discovery and newfound pleasure Remember, I'll always be there with you Through thick and thin or whatever you wish to pursue

It's been a while, go outside, the sky is blue
I just wish you could see how much you grew
But I'll take my leave now, that you've found your rightful place
So you can live to learn to conquer anything you ever face.

Emily Chen